



The Thimbleful

Capital Quilters Guild

Raleigh, North Carolina

NEXT MEETING

Thursday, Feb 19th
6:30 p.m. Social Time
7:00 p.m. Call to Order

PROGRAM

Janice Pope Trunk Show

LOCATION

Temple Beth Or
5315 Creedmoor Road
Raleigh NC 27612

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WORKSHOP COORDINATORS NEEDED

Ina Stringfellow & Karen Graham

Hi everyone! Our tenure as workshop chairs is approaching its end and we wanted to give the membership an idea of what is involved – and that is FUN! Although there is work involved, it is fun to meet the teachers and watch the progress made by the students in the workshops. We have learned something new from every teacher we have hosted. This is our second time being workshop chairs and that says a lot about the position that we would serve twice! Our guild can attract internationally known teachers who have a wealth of knowledge and want to share! This is a big job so it is best to have at least two people. The first time we had three members; this time we had the support of our bee, Material Girls.

One of the comments we hear about this position is “Where do you find the teachers?” The first year of your tenure, the teachers have already been booked for you. You begin your term by finding teachers for your second year and the year after (when the next workshop chairs take over). A good way to find ideas for teachers is to look at the large shows held around the country. Or someone you may see on a quilting program, read about in a quilting magazine/book or heard about from a friend. The internet provides a world of info on teachers you can research. You can look for topics and find teachers that specialize in certain areas (like applique, handwork, scrap quilting, modern quilting, etc.)

Now the FUN really begins! We have found the teachers to be wonderful to work with. Most teachers fly here so you will need to have someone available to pick them up at the airport and transport them to the hotel. Plan dinner for the teacher on Thursday and Friday nights, transport and help them to the guild meeting and the workshops on Friday and Saturday and the weekend is done.

Well that is a brief overview of our position. We are always available to answer any questions or help in any way. We are not going anywhere, so we'll be around to support you! We hope each of you will consider adding your talents to this position in the coming year.

Karen and Ina

NAMETAG DRAWING

Create a handcrafted nametag that you feel represents your style of quilting. Each time you wear it to a meeting, you may enter a drawing for a door prize. Be sure to pick up your drawing ticket at the Hostess table!



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facebook

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Charity Quilts	Received		Annual Goal
	JAN	YTD	
Quilts on Wheels Bonus Walker Bags!	20	150 48	200
Quilts for Kids	15	169	200
SAFEchild	28	125	200



February 2015

President's Message

Dear Quilters,

Having been sick over Christmas break and then out of town over the Martin Luther King break I find myself doing a snow dance – not enough snow so that folks are really inconvenienced or in danger but enough so that I can stay home and piece for a day or two without anything else on my mind – found time! I miss my stitching time and am so envious of those who have the time. I guess the grass is always greener.

January was a very productive month for the guild – raised some money at the silent auction and got a bunch of tops made at the charity workshop. I love the silent auction because it gives folks a chance to clean out, other folks a chance to find treasures and the guild gets a nice chunk of change – winners all around. Several years ago at the silent auction I scored a set of three binders filled with the templates, patterns and instructions from Georgia Bonesteel's PBS show in the mid 1970's. What a thrill. I treasure those books because they bring back so many memories. At the time I had a pre-school son and another little guy on the way. No time for any sort of stitching. My soul, though was nourished by seeing what wondrous patterns Georgia was working with and dreaming of a day when I could start quilting.

I made my first quilt in a class at the fabric shop at South Hills Shopping center when my oldest son was about 4. We used cardboard templates that we cut ourselves. I still have those templates and patterns all neatly filed in a cabinet in my sewing room. I made a twin sized quilt for my oldest son and a lap or crib quilt for the younger one. They were both hand quilted by my sons' great grandmother, Flossie. I treasured them until the boys were grown with homes of their own and now they treasure them. My grandsons are now sleeping under one of them.

I think that sometimes we get caught up in the production of quilting and forget about the emotions involved with the product. The real treasures are what we create, the joy we share as we are making our quilts and as we are either using them or giving them near and dear to us. Aren't we so blessed to have this craft and to be able to share it?

I am very excited about this month's program. Janice Pope, former guild president, has agreed to be our speaker in February. She has a trunk full of quilts she is going to share with us – should be a fun night.

I hope you all are having fun with the President's Challenge Mystery Quilt. This month's instructions are on the next page. In March I will show you one last block and in April I will reveal the layout along with several suggestions for the borders. This month for the challenge prize just bring a small strip of your fabric – I've cut some of mine wrong so I have plenty if you need some!

Stay safe, see you on the 19th and, as always,
Happy Stitching,

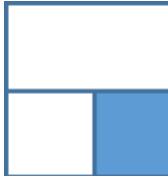
Penny Prichard



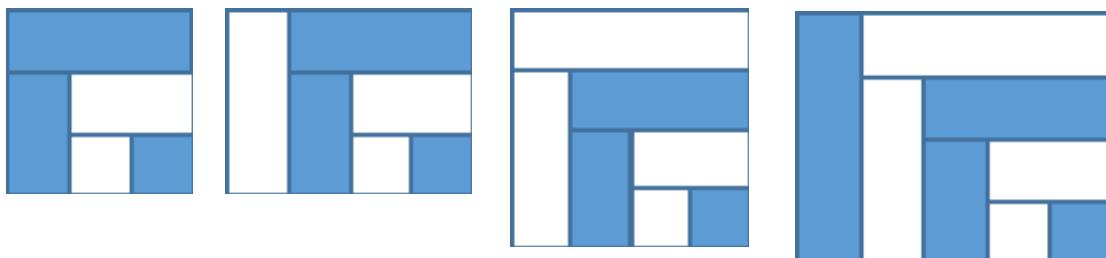


The 2014-2015 President's Challenge Mystery Quilt

- * This block involves precision sewing and trimming, so get your spectacles on and let's get going!
- * Save a 1" piece of the trimming from a row set, write your name on it, and be sure to place it in the basket on the stage for this month's prize drawing!

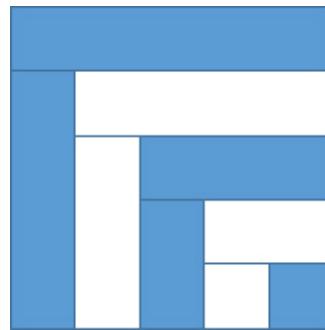
Begin by stitching one A strip (shown as white here) to one B strip (shown as blue here). Press the seam toward the B strip. Cross cut the strip into 1 $\frac{3}{4}$ " sections. Your pieces should measure 1 $\frac{3}{4}$ " x 3".	Stitch an A strip to one side of this unit paying special attention to the orientation of the pieces. Trim the finished unit into a 3" square.	Turn this new unit one quarter-turn and add on a B strip paying special attention to the orientation of the pieces.
		

Continue stitching the units to strips until you have a block that measures 6 1/4" x 6 1/4" square. You always want to turn your unit so that the last strip sewn is at the top and you are stitching a side that has one intermediate seam. The progression of blocks should look like this. Please measure after each seam to make sure you are on target for a perfectly squared up block.



Your final block should look like this; similar to a quarter of a log cabin block.

	Lap	Twin	Queen
# of Blocks Needed	8	14	24





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JANOME

NEWSLETTER ADS

Do you have something to advertise or sell? Just email your ad to Lanakila Alexander at LanakilaAlexander@gmail.com and mail a check payable to *Capital Quilters Guild*. Please write "newsletter ad" on the memo line of your check!

Capital Quilters Guild
PO Box 20331
Raleigh NC 27619

Ad Rates Per Issue

\$10-Classified
\$10-Business Card
\$20-1/4 Page
\$40-1/2 Page

Ads are due on guild meeting night for the following month's newsletter

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GUILD LEADERSHIP

President	Penny Prichard	Beekeeper	Carla Schechner
Vice-Pres	Darlene Silverman	Block Party	Kim Zebrowski
Secretary	Sue Ann Jatko	Heritage Day	Cathy Kirk
Treasurer	Laura Suich	Holiday Blks	Honeycomb Bee
Membership	Theresa Frye	Hostess	Dee Phalen
Charity & Community Outreach	Ann Young	Library	Ginger Cherry
Teacher & Workshop Coordinators	Ina Stringfellow Karen Graham	Quilts for Kids	Roberta Miller-Hathaway
Communications	Susan Owenby (Webmaster) & Lanakila Alexander (Newsletter)	Quilts on Wheels	Martha Bragg
Quilt Symposium	Sue Ann Jatko, Marsha Tolley, and Roberta Miller-Hathaway	SAFEchild Quilts	Myra Martin
Members-at-Large	Judy Rains & Bridgit Jones	Secret Pals	Susan Hatch
		Social	Maria Kleinman

Email us at info@capitalquilters.org. Individual contact information is available in the Member Directory.

Horn Deluxe Sewing Chair for sale.
Excellent condition. Upholstery is tan,
hardware is white. Has pneumatic height
adjustment with lift, contoured seat and
back with Lumbar Support. Thickly padded
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\$100.00 or best offer. I can deliver it or
bring it to a meeting.

Rose Bullen, rosemp523@gmail.com
734-330-6765



SHARING THE SUNSHINE & THE SHADOWS



Help us to show that we care! We would like to send get-well wishes, expressions of sympathy, or congratulations to members on behalf of the entire guild, but we need your help to know when these things happen.

At the meetings, you can fill out a slip available on the stage and leave it with the front table.

In between meetings, please do not hesitate to contact Ginny Nugent via info@capitalquilters.org

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Tuesday 10-7
Wednesday 10-5
Thursday 10-5
Friday 10-5
Saturday 10-5
Sunday 1-5

Downtown Cary
226 E. Chatham Street
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MARCH WORKSHOPS w/ AMANDA MURPHY

Friday, March 20
Color Workshop

Have you ever wondered what to do with the wonderful variety of colors in your stash? Our perception of color is influenced by its quantity, saturation, and hue. One color can look quite different when placed in on a variety of backgrounds. Bring in your fabric and we'll learn what combinations are most successful and why.



APRIL WORKSHOPS w/ HARRIET HARGRAVE

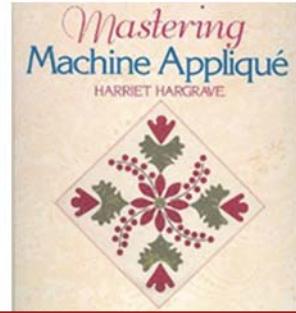
Friday, April 17
Trapunto or Padded Quilting

If you want to go to the next step with your machine quilting, nothing puts the WOW into a quilt like Trapunto. You will create a small whole-cloth quilt working with sateen fabric, wool batting and very fine threads. An easy and slick trick for grid quilting will be covered, as well as many useful background de-



Saturday, March 21
Improvisational Piecing

No rules! It is so fun to see everyone come out with a completely different but equally beautiful project. Various techniques used in improvisational piecing will be covered, including piecing and appliquing curves, strip piecing, couching, beading, and using specialty stitches.



Saturday, April 18

Invisible Machine Applique

Enjoy learning true, professional techniques for beautiful machine appliquéd. Tried and true methods for achieving perfect appliquéd by machine are stressed. Invisible machine appliquéd techniques will give a hand appliquéd appearance, and is Harriet's instant gratification technique.

MAY WORKSHOPS w/ FLAVIN GLOVER

Friday, May 22
Combined Log Cabin and Patchwork

A unique Log Cabin quilt with a different look. Learn to add extra design dimension and interest by joining Log Cabin blocks with various simple geometric patchwork blocks. Use a variety of blocks or select as few as two to develop a striking overall design. The block layouts of Cabins in the Snow, Nine Patch in Log Cabin, Five Star Combo, Holiday Star Table Topper and Center Star Expo illustrate block possibilities. If playing with color, cutting up fabric & sewing it back together appeals to you, come ready to experiment with many blocks to choose from.



Saturday, May 23
**Coloring with Fabric
in Creative Patchwork**

For quilters who wish to take traditional patchwork blocks to new design dimensions. Patchwork blocks such as Windmill, Friendship Star, Attic Windows, Log Cabin, Railfence and Rob Peter to Pay Paul provide the opportunity for designing with a focus on color and fabric. Participants will loosen the reins on coordinated palettes.

Stitch blocks to experiment focusing on color and design, or repeat one block where contrast is manipulated to create movement.



WORKSHOP REGISTRATION

Name _____

Phone _____

Home Address _____

Email _____

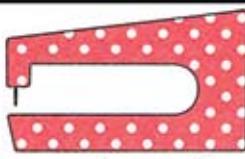
Teacher	Class	Date	Amount	Check#/Cash
Amanda Murphy	Color Workshop	March 20, 2015		
Amanda Murphy	Improvisational Piecing	March 21, 2015		
Harriet Hargrave	Trapunto or Padded Quilting	April 17, 2015		
Harriet Hargrave	Invisible Machine Appliquéd <i>Waitlist Only!</i>	April 18, 2015		
Flavin Glover	Combine Log Cabin and Patchwork	May 22, 2015		
Flavin Glover	Coloring With Fabric in Creative Patchwork	May 23, 2015		

Registration forms and payments may be sent to Ina Stringfellow at 205 E. Jules Verne Way, Cary 27511
No refunds will be issued if participant withdraws 30 days or less before date of workshop.

Member fee \$50.00

Non-member fee \$60.00

Workshops are held at the Highland United Methodist Church at 1901 Ridge Road, Raleigh (corner of Ridge and Lake Boone Trail). They start at 9AM so be there early enough to get set up and ready to go by 9. You can pull into the circular drive on Lake Boone to unload your machine and supplies, the room is just inside this entrance, then you can park in the parking lot on Ridge .We submit a group lunch order from Village Deli during the morning session. Lunches cost either \$11-\$12, or you can bring a lunch - there is a refrigerator. We have water to drink, or you can bring whatever you prefer. Workshops end around 3:30.



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Block Party

Kim Zebrowski

Hello fellow Block Partiers,

Thank you to everyone who participated in my Block Party Challenge. I received over 50 blocks from 14 quilters. There are 4 prizes to be awarded. If you made a Square-in-a-square-in-a-square block, then your name will be in the hat for the February drawing. Those 12 blocks will be in our 1st quilt which I will show at the February Guild Meeting.

Congratulations to our December winners, Lanakila Alexander and Bonnie Kurth, and to our January winners, Linda Brothers and Karen Duke.

Charity Groups & Community Outreach

Ann Young

We had another great Charity Workshop on January 24!! It was a great day for making quilt tops for those less fortunate in our community. So nice to have other quilters to chat with, share techniques and have some quilting fun. Thanks to Myra Martin's bee and Roberta Miller-Harraway we had an experienced set up and take down team. At our February meeting please bring your top (finished or not) for Show and Tell.

The Guild has been contacted to participate in the 2nd Annual Apex Founder's Day on February 28. They want us to demonstrate hand quilting and piecing. Our group will be located in the Halle Cultural Arts Building on Salem St in Apex. If you are interested in volunteering for this event please contact me by February 10. This a wonderful opportunity to share the quilting tradition to the general public.



Hope Brown

Do you have a heart for working with a special group of women teaching sewing and quilting?

If so, join us! Volunteers are needed to help with a basic sewing class at the North Carolina Correctional Institution for Women (NCCIW) in Raleigh. All we require are basic hand sewing skills and a willingness to work with female prisoners on simple sewing and quilting projects—a nine patch pillow with buttons and a lap size quilt. Volunteers must provide information for an official background check and must attend a new volunteer orientation class on Tuesday, February 17, 2015 from 6:00 to 8:30 PM. The class is held on Wednesdays, year round from noon to 3 PM.

Approximately 15 years ago, the sewing/quilting class was started by a member of Capital Quilters Guild. The ladies who come to class apply to be there and must meet behavioral standards to remain in the class. Some women are a part of the class for just a couple months and others have been there for years. Some of the volunteers come each week, some once or twice per month. Currently two volunteers are members of Capital Quilters Guild. Other volunteers come from the community or local churches.

Most of the prisoners have no sewing skills at all when they enter the class. The beginning project is making a nine patch pillow, which is stuffed with polyfil and has decorative buttons attached. The ladies choose a kit of precut squares and a backing, all supplied by Capital Quilters Guild. Prisoners are allowed to keep one pillow and one quilt in their room. Additional quilts or pillows can be made as gifts for family members, or donated to hospice at NCCIW.

Volunteering at the prison doesn't take any extraordinary sewing skill; however, it does take dedication to working with women who are paying the price of incarceration for a mistake or error in judgment in their past. In many ways, the women are just like anyone you would meet outside the prison walls. Above all, they are grateful for the assistance they get from the volunteers and they express that in many ways each week when the volunteers are there.

If you find it in your heart to consider this outreach program, please contact me as soon as possible. On behalf of the volunteers and the inmates, we look forward to meeting you!

Hope Brown (919) 414-7066 or hopesews@nc.rr.com

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Anne Allen
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All three days, A Day of Fun, or

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(private work area and group housing)

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Thurs: 10 AM – 5:30 PM

Fri: 10 AM – 5:30 PM, 7 – 9 PM

Sat: 10 AM – 5:30 PM

Vendor Mall

Fabric and craft vendors

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See the link on our website or go to:
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Co-sponsored by:
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Hendersonville, NC
and
NC Quilt Symposium, Inc.



See www.bonclarken.com for driving directions.

Watch our website for new information as it becomes available.

Registration begins 1/20/2015

www.westernncquilters.org

P.O. Box 2231, Hendersonville, NC 28793



UPCOMING QUILTING EVENTS

Feb 19	Monthly Guild Meeting
Feb 22-Mar 1	Quilters Quarters of Waynesville "Quilting at Sea--Eastern Caribbean" Cruise; www.quiltersquartersnc.com
Feb 27-Mar 1	"Quilts & Chocolate" Retreat; Winston-Salem, NC; www.356quiltshop.com
Mar 13-14	Charlotte Quilters "Timeless Treasures Then and Now"; Charlotte, NC; www.charlottequiltersguild.org
Mar 19	Monthly Guild Meeting; featuring Amanda Murphy presenting "Fabric Design and How it Blends with Quilt Design"
Mar 20	Amanda Murphy Color Workshop
Mar 21	Amanda Murphy Workshop: Improvisational Piecing
Mar 20-21	Quilter's by the Sea Quilt Show; Wilmington, NC; www.quiltersbytheseaguild.org
Mar 20-22	"Quilts & Gardens" Retreat; Winston-Salem, NC; www.356quiltshop.com
Apr 16	Monthly Guild Meeting; featuring Harriet Hargrave presenting "Top Ten Tips to Becoming a Better Quilter"
Apr 17	Harriet Hargrave Workshop: Trapunto or Padded Quilting
Apr 18	Harriet Hargrave Workshop: Invisible Machine Applique
Apr 17-18	Heart of the Triad Guild "Nothing Could Be Finer"; www.hottqq.com
May 1-2	Star Quilters "Vintage to Modern"; Roanoke, VA; www.starquilters.org
May 15-16	Coastal Stars Quilt Show; Morehead City, NC; www.crystalcoastquiltersguild.org
May 21	Monthly Guild Meeting; featuring Flavin Glover presenting "Waste Not, Want Not–Depression Era Quilters"
May 22	Flavin Glover Workshop: Combine Log Cabin and Patchwork
May 23	Flavin Glover Workshop: Coloring with Fabric in Creative Patchwork
May 28-31	2015 NC Quilt Symposium; Flat Rock, NC; www.westernnqcquilters.org
June 18	Monthly Guild Meeting; Quilt Show of President's Challenge and Holiday Block quilts!
Aug 15	High Point Quilt and Vendor Show; High Point, NC
Sept 25-26	NC Piecemakers Quilt Show; Lincolnton, NC; www.ncpiecemakers.org
Oct 2-4	Asheville Quilt Show; www.ashevillequiltguild.org
Oct 16-17	Catawba Valley Quilt Show; www.catawbavalleyquiltersguild.com

Thanks to those members who have sent notices of upcoming events! Please let us know if you hear of any great opportunities and we'll be sure to include them in the newsletter.

CHARITY GROUPS & COMMUNITY OUTREACH COORDINATOR NEEDED

As the Guild prepares for the election of new officers for the 2015–2016 guild year, we are in search of nominations for a Charity and Community Outreach Chair. This guild member is responsible for coordination between the Charity Groups and recruits volunteers to participate in teaching and demonstrating quilting to the general public when requests are made by different organizations in the greater Raleigh area. In addition, the Chair works with the Cutting Bee to provide kits for the charity groups as needed. The Chair is responsible for the Charity Workshops held each year. The Guild's charity groups are quilts: For Kids, Quilts on Wheels, SAFECHILD, The Girls Club and the Women's Prison Project.

If you are interested in coordinating these efforts, please contact a current board member.



Show & Tell

Brenda Keely
Cami Klein
Carole Evans
Cathy Kirk
Christine Vitron
Clare Bass
Dee Phelan

Druscilla Lis
Kim Zebrowski
Lynne Farrow
Nancy Glasgow
Noi Bland
Susan Owenby

NEXT MEETING
FEBRUARY 19th

CAPITAL QUILTERS GUILD
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