



THE THIMBLEFUL

Capital Quilters Guild

Raleigh, North Carolina

Next Meeting

Thursday, July 20, 2023

6:30 Social

7:00 Meeting Begins

Location: Temple Beth Or

5315 Creedmoor Road

Raleigh, NC 27612

Remember to Bring

- Quilts for Show & Tell
- Name tag
- Membership Pin
- Comfort Quilts
- Workshop Sign-up Sheet
- And a Quilting Friend!

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President's Message

Hi Capital Quilters!

The new Guild year has started this month and the new board met for the first time July 6. There was a lot of energy at the meeting and I am excited to be working with such a great team. I am confident that they will be able to continue the energy Anna Norris and the last board has built over the last couple years.

At the June meeting the Guild presented the NC Museum of History a donation for the restoration of a quilt in their collection. A thank you note from the museum is included in this newsletter (p.13) and we will be sharing more information about the quilt that has been selected for restoration in the upcoming months.

We are still looking for a Fundraising Chair, whose primary responsibilities include selling raffle tickets for the raffle quilt and the design and construction of the 2024/2025 raffle quilt. Since that position is currently vacant, the CQG Board is asking for Bees to submit quilt designs for the next raffle quilt by September. The Bee submitting the selected design would coordinate the construction of the blocks either within their Bee or through the help of Guild volunteers. The goal is to have the next raffle quilt finished by April 2024. If you are interested in coordinating coverage of the seven scheduled events where the raffle tickets will be sold, please contact me at information@capitalquilters.org.

Please plan on attending our next meeting on Thursday July 20. Anna Norris will moderate a panel discussion with

Continued on next page

President's Message Continued

Darlene Silverman and Rosi Hanley on designing quilts with EQ8. There will also be video that EQ8 has provided.

In August, we will welcome Kelly Ashton and in September, Susan Brubaker Knapp. Both will teach classes in addition to being a speaker at our guild meetings. Susan Brubaker Knapp's Wholecloth Painting workshop has been so popular that she has agreed to teach a second session on Thursday September 21.

Please note that the September meeting will be held September 7 due to the Jewish holiday schedule at the Temple.

Finally, the guild has opened membership registration for 2023-24. Please make sure you register for this guild year!

Check out our website at www.capitalquilters.org or this newsletter for more information and the membership and registration forms.

Ann O'Brien

Congratulations New Board Officers!

President: Ann O'Brien

Vice President: Sue Ann Jatko

Secretary: Janice Gleavy

Treasurer: Brenda Keely

Charity & Community Outreach: Cathy Alvis

Communications: Nancy Schanz, Laura Nelson, Renee Page

Fundraising: *vacant*

Membership: Julia Kolb

Workshops & Teachers: Ann Gavin

Members at Large: Carolyn Ruby & JC Tang

Congratulations New Committee

Bee Keeper: Joann Wilson

Block Party: Jan Chvatal, Rosi Hanley & Cindy Prow

Holiday Blocks: Barbara Johnson & Katie Mistele

Hostesses: Katie Greenwood & Shawna Case

Library: Clark Vincent

Quilts for Kids: Linda Carter

Quilts on Wheels: Vickie Peoples

SAFEchild: Jan Jarrett

Secret Sew-ciety: *vacant*

Social: Mary Krause

Sunshine & Shadows: Sally McLaurin

Quilt Show: Kelly Wyatt & Ginny Nugent

Please welcome the new Board Officers and Committee Chairs. The Guild wishes a grateful farewell to those outgoing officers and chairs who have served faithfully for the past years.

Our June Winners

1st Time Show & Tell:
Renee Page and Carrie
Hauser

Show & Tell: Kim Zebrowski
and Nancy Honeycutt

Name Tag Drawings: Renee
Page and Chris McCarthy

Raffle Tickets: Nina Brown,
Katie Mistele and Maria
Kleinman

Quilts on Wheels: Laura
Johnson

Quilts for Kids: Myra Martin

SafeChild: Barbara Johnson



Bee Keeper



I'm Joanne Wilson, your new Bee Keeper. If you would like to be part of a Bee, please send me your name, email address, phone number and zip code. Please note if you are looking for an AM or PM bee. I'm building a comprehensive list of bees for the guild. If you are in an existing bee (open or closed), I'd like to add your bee to the list.

Contact me at
joannegaylewilson@icloud.com

2024 Raffle Quilt

2024 Starburst raffle tickets are available now!!

Please join in supporting our wonderful guild by buying and selling raffle tickets.



We are still looking for a Fundraising Chair (or Chairs). Irene Thomas is happy to show someone the ropes and set you and your team up for success!

We need volunteers to display Starburst and sell tickets at the following events:

August 4&5: Beer, Bourbon, BBQ @ Koka Booth Amphitheater Cary.

October 6&7: Triangle Oktoberfest Rotary. Koka Booth Amphitheater, Cary.

October 14: Handmade Market Cary.

November 24,25 & 26th: Christmas Carousel @ NC State Fairgrounds.

December 3rd: Holiday Patchwork Market @ Durham Armory.

January 12&13th: The Quilting &Fiber Art Marketplace.

January TBA: Astronomy Days @ NC Museum of Science Raleigh

Until we have a Fundraising Committee Chair, please contact Sue Ann Jatko at jhsajatko@bellsouth.net

August Workshops

Kelly Ashton, August 19
9:00am-3:30pm, \$55 members and \$75 non-members

As a self-described “pragmatic quilt-maker, Kelly Ashton approaches quilt design and construction with a knowledge of and appreciation for the theoretical while searching for and developing skills and short-cuts that are practical. Kelly’s passion for patchwork covers a dichotomy between “microwave quilts” (quilts that are simple in design and quick to piece) to “crock-pot quilts” (quilts that are more intricate and complex in their construction), and she happily moves back and forth betwixt the two....and everything in-between!



Kelly is the author of *Hexagons, Diamonds, Triangles, and More: Skill-Building Techniques for 60-Degree Patchwork*, and her obsession with 60-degree patchwork continues. In addition to designing quilts, Kelly especially loves to teach and talk about quilts. Her motto is “Have quilts. Will travel.”

Kelly is a Bernina Ambassador and some of her classes can also be found on the Craftsy website. Kelly resides in Overland Park, KS, with her husband, Jeff Seib. For more information, please check her website (kellyquilter.com). In addition to quilty things, Kelly owns and operates The Creative Place, a retreat for quilters and other artists located in Spring Hill, KS.

Saturday, August 19, Kelly will be teaching Painted Mountains via Zoom, a beautiful project that explores color, proportion, and an unusual setting with no Y seams. The kit fee is \$25 and includes templates required for the pattern. The kit will need to be purchased by August 8th, on her Etsy site at [KellyquilterDesigns-Etsy](https://www.etsy.com/shop/KellyquilterDesigns). Look for workshop kit: Painted Mountains.



The Workshop Registration 2023 form is available at the Membership table during meetings, on the Capital Quilters Guild website, on our Facebook page and on p.7 of this newsletter.

Workshop fees are \$55 for members and \$75 for non-members.

September Workshops

Susan Brubaker Knapp, September 21, 22 & 23

9:00am-3:30pm, \$55 members and \$75 non-members

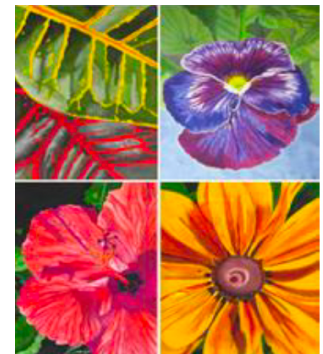
Susan teaches nationally and internationally, hosts "Quilting Arts TV," co-hosts the "Quilting Arts Podcast," and has produced numerous patterns, authored two books and produced five video workshops. She loves traditional hand quilting and needleturn appliqué, but has embraced innovative coaching techniques and started making art quilts in 2005. Her work is in private and public collections, including the International Quilt Museum (Lincoln, NE) and International Quilt Festival Collection (Houston, TX). Her work will be exhibited at Quilt National in 2023.



On Friday, September 22, Susan will teach Needleturn Appliqué. Learn the fine art of needle turn appliqué step by step. If you've never done needle turn appliqué and are intimidated and afraid to try, this workshop is for you. Using Susan's "Spring Valentine" pattern, which has all the shapes and techniques beginner appliqués need to learn, we will cover marking and pinning, concave curves and points, convex curves and points, reverse appliqué, bias stems, small and medium circles, straight lines, making a positioning overlay, and making pattern templates.

Experience level—Beginner to Intermediate

On Thursday, September 21 (**registration open**), and Saturday, September 23 (**registration full/waitlist**), Susan will teach Wholecloth Painting Botanicals. Students will learn the basics of creating whole cloth painted quilts based on photos. Students can choose from the four projects shown here and will work from Susan's line drawings and photos to recreate the image using acrylic textile paints. Afraid to try this technique? Don't be! Susan's students get great results. The workshop will cover selecting the right photos for great results, which paints and fabrics to use and why, how to transfer your design to fabric, painting and blending techniques, and quilting considerations. Note: No machine work. The Kit Fee is \$25 and includes fabric, pattern, paint and brushes.



Experience level—All.

Kit Fee is \$25 and includes fabric, pattern, paint and brushes

Membership

Membership for the 2023-2024 year opened at the June meeting. We had 43 renewals and ten new members. If you haven't renewed or joined, please bring your membership form with your updated information and payment to the next meeting. The form is available at the Membership table during meetings, on the Capital Quilters Guild website, on our Facebook page and on page 8 of this newsletter.

If you have not entered your contact info in our database, please do so using this QR code.



Upcoming Events

Guild Activities:

August 17: Guild Meeting

September 7: Next Guild Meeting

October 14: Charity Quilt Workshop

Various dates: Raffle Events

Coming Soon: *Holiday Blocks*



Quilt Shows & Vendor Events:

July 21-22: Sparta Quilters Guild Show, Sparta

August 4-5: Cruso Friendship Quilt Show, Canton

September 15-16: Greenville Quilters Guild Quilt Show, Greenville



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 504 Presidents Walk Lane
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Capital Quilters Guild- Workshop Registration 2023

Name _____

Phone _____

Address _____

Email _____

In Person Workshop – Member fee: \$55 Non-member fee: \$75. Kit fee is paid to Teacher at Workshop**Teacher: _____ Class: _____ Date: _____ Amt: Cash/Ck#/Chg _____****Kelly Ashton Painted Mountains (kit \$25) 8/19/23** _____**Susan Brubaker Knapp Needleturn Applique 9/22/23** _____**Susan Brubaker Knapp Wholecloth Painting Botanicals (kit) 9/21/23** _____**Susan Brubaker Knapp Wholecloth Painting Botanicals (kit) 9/23/23 (Full - Wait List Only)** _____**Total:** _____

Payment: Due when you sign up. Payment with charge card/cash available at monthly guild meeting or when you register via the Guild website – www.capitalquilters.orgMake your check payable to : **Capital Quilters Guild****Mail your check and registration form to:**Anne Gavin
5608 Knollwood Rd
Raleigh, NC. 27609**Location:** In person workshops will be held at
Highland United Methodist Church
1901 Ridge Rd Raleigh, NC 27607.**Most Class hours: 9am-3:30pm Be sure to pack a bag lunch!****Refund Policy:** Full refund will be made if requested 30 days prior to the workshop. Without 30 days notice, you will only receive a refund if space can be filled from the waiting list. If not, you will receive a credit for a future class. The credit must be used within 1 year of receipt.**Inquiries:** information@capitalquilters.org



Capital Quilters Guild Membership Form

July 1, 2023- June 30, 2024

Help us **confirm** that our records are accurate by completing **all** the information below:

Name: _____

Address: _____

City: _____ State: _____ Zip code: _____

Phone: _____ Email: _____

Birth Month _____ Birth day _____ (for member benefits)

Are you a new member? Yes _____ No _____

The Member Directory is published in print for a fee and available free on CQG **member-only** social media. Please check this box if you do **NOT** wish to be included in the directory ☐

Are you a member of CQG's Facebook page? Yes _____ No _____

If you are a member of a bee, what is the name of your bee? _____

If you would like to join a bee, tell us your preference (please circle ALL of your preferences): Day/Night
Weekday/Weekend North/South/East/West/Any Region Art/Hand/Charity/other _____

Membership Fees:

Please note that **all** members are required to pay dues. **(Please circle your membership type below)**

Regular Membership \$40.00

Quilters aged 70 or older (prior to or on June 1, 2021)..... \$25.00

Junior Membership (18 years and younger; full scholarships are currently available).....~~\$25.00~~ 0.00

Printed CQG Membership Directory (to be picked up at the December meeting) \$5.00

Optional donation (tax deductible)\$ _____

Please bring this form with payment to the next meeting or mail to:

Capital Quilters Guild

PO Box 20331

Raleigh NC 27619-0331

Date _____ Check # _____ Cash _____ Credit Card (last 4 digits) _____ Total: _____

Community Outreach

Thank you to over 100 guild members that participated in Community Outreach and Comfort Quilts this year. We had a very productive year and exceeded our goal of 1000 quilts for the community.

We also returned to Community Outreach through our participation in the NC Museum family days by teaching people how to quilt on the museum frame.

We returned to in person Comfort Quilt Workshops in April.

Special acknowledgement goes out to the following members and bees:

Candy Joeheendt- 22 Quilts on Wheels Quilts & 37 placemats for Meals on Wheels, 29 Quilts for Kids

Helga Spaeth - 30 Safechild quilts.

Cutting Bee, UFO Bee, Sweet Wishes Bee and Garner Comfort Quilt Bee

These bees cut quilts for kits, provide backing, quilting and finishing quilts. Most of their efforts are for the benefit of comfort quilts.

Quilts were distributed to the following organizations this year:

Hillcrest Nursing Home
Rex Hospital
SafeChild

Meals on Wheels
WakeMed Hospital
Green Chair

Quilts for Kids

"The Quilts for Kids donations that you all have been making are greatly appreciated at both Rex and Wake Med Hospitals. The Rex staff have requested more quilts in the 48 x 48 inch size for use in covering neonatal incubators to reduce or eliminate light. As a reminder, our current requirements are as follows with the requested addition:

- Quilt sizes 36"x36," 48"x48," up to 48"x54" and any in between for boys and girls
- Flannel or crocheted blankets sizes 36"x36" up to 48"x 48" and any size in between for boys and girls
- Pillowcases for boys and girls used to cover newborn mattresses
- Crocheted, Fleece and Flannel baby hats for newborn baby boys and girls

Thank you for your donations and your gift of giving to our community."

Linda Carter

Spotlight on Comfort Quilt Donations				
Charity	Goal for 22/23	Received in Jun	Received this Year	Drawing Winners
Quilts on Wheels	1000 Quilts!	25	341	Laura Nelson
Walker Bags		0	7	Myra Martin
Quilts for Kids		27	325	
Newborn Hats		13	201	
Flannel Receiving Blankets		2	41	Barbara Johnson
QFK Pillow Cases		11	88	
SAFEchild/Green		36	530	
Comfort Quilts				
Other:			154	
Grand Total:		Quilts: 1196		Total Items: 1687

One Quilter's Experience

By Darlene J Silverman

I do not hold myself out as an expert. I know that many of you know so much more than I do. I share my experience in the hope of helping newer quilters as well as to stimulate conversation among more experienced quilters. I welcome feedback and differing views, as we are all on this journey together and can only benefit from hearing each other. (If you are reading this in the newsletter, please weigh in on Facebook.)

GO ON AN ADVENTURE

Get out of town. Not an insult; rather, a piece of advice. Grab one or more friends and hit the road. See a quilt show. Attend a class. Schedule a retreat. Find a (or create your own) shop hop. Try to use (even if you must rent) a vehicle large enough to accommodate your group, their luggage (if overnighting) and any needed supplies/anticipated purchases. It is so much more fun to all be in the same vehicle together, if possible. There is nothing that bonds a group like an adventure shared. Even the little bumps on the road become the stories that will make you laugh for years to come.

One of the things that I love about quilting is that not only is it an activity that can be enjoyed solo (For which I was profoundly grateful through the isolation of the pandemic!), but also that there is so much about it that can be enjoyed with friends. And yes, you can adventure on your own; but look for ways to adventure with your quilting buds.

I am a huge fan of retreats. The Remnants have been retreating to a small cabin (with a large sewing porch!) for about a dozen years. It is a wonderfully relaxed, yet highly productive, time. We take turns cooking and washing dishes, but don't have to worry about housekeeping otherwise. We laugh about how we manage to squeeze into a one-bedroom cabin and about our previous missteps at food-planning. (On our first retreat, we literally had more loaves of bread than we had people – for a weekend!) We take full advantage of the presence of so many wonderful advisors and inspirers.

"Should I add a border to this?"

"Which of these fabrics goes better?"

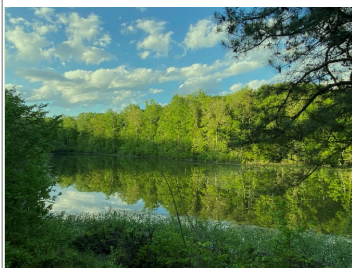
"How would you quilt this?"

"Ooh! I love that pattern!"



We not only get to see our own projects advance, we also get to watch each other's works-in-progress.

Cyberbee has been retreating for a few years at Haw River State Park. This is a spacious facility and you purchase a meal package. A different group and a different vibe, but also a wonderful, friend filled, quilting break from



our regular lives – always productive and inspiring. I do not want to miss either of these retreat experiences.

Over the years, the Remnants have gone together to the Sanford Quilting and Fiber Art Marketplace. We take shifts to sell Guild raffle tickets and still have plenty of time to shop. We have also taken day trips to not-quite-local quilt shops. We find group projects to do, including (currently) a mystery quilt.

Prior to the pandemic, the Remnants decided to take a road trip up to West Virginia, down to Tennessee, across to the Asheville Quilt Show and then back home. Unfortunately, we arrived at our first stop, a quilt shop in West Virginia, only to find a note on the door indicating that the shop was closed due to a family illness. Annoyance and disappointment followed, of course, but only briefly as we regrouped and hit an artisan marketplace/cultural center before moving on to Tennessee to the next quilt shop to our itinerary.

Sure, it turned out that we drove some unnecessary miles and lost out on some time, but the trip itself – the time in the car spent talking and joking – was so much fun that the disappointment was only a very minor one. The rest of the trip worked out as planned, with the small exception of a dead battery which elicited a chivalry-is-not-dead moment for the gallant driver of a truck. To this day, we laugh about the aborted attempt at shopping in West Virginia (as well as a jump-out-of-one's-skin moment with an unexpectedly animated Halloween shop decoration). Taking the right attitude into your adventure is the key to not letting small things keep you from enjoying it.

When we tried to schedule another trip for this past Asheville show, Hurricane Ian made us rethink driving in the mountains. We made a last-minute decision to go up to our usual retreat cabin for the weekend – our first impromptu retreat! Unfortunately, not everyone could make it, but for those of us who could, we were able to turn the lemon of a storm into the lemonade of a retreat. We had to stay indoors as the edge of the storm blew around us, but that worked for our smaller group. We got a lot done and enjoyed doing it together.

But, really, despite how I opened this article, you do NOT have to get out of town to have an adventure. You do not even have to leave your sewing room. Learning new techniques; trying something different; taking on a challenge – these are all adventures. And, as our immediate-past-President Anna Norris says to me almost every time I run into a roadblock (or screw up), "It's an adventure!"

When an opportunity for adventure comes your way, seize it. Don't let imaginary roadblocks stand in your way. Don't find excuses NOT to do things. Find reasons TO do them.

Coming up: Procrastination (*assuming I get around to it...*)

Block Party

At the June guild meeting we received 26 of the 32 New York blocks. We had two winners: Sue Dressler and Ina Stringfellow. Congratulations ladies!

In June we featured the Ohio star block, which we provided in two varieties with the colors reversed. All kits were taken at the meeting.

Starting in July we are going international! We will be visiting various countries and continents throughout the year. In addition to a monthly traditionally pieced block, every other month we will have a challenge block that will be either appliqued or paper pieced. For the challenge blocks you will need to access the directions from either Facebook or the guild website. Some of the fabric will be provided for each challenge block but you will need to add some of the fabric from your stash.

There will also be a few other changes starting in July. We are going to phase out paper patterns. It is expensive to print them. **You will be able to access the patterns from Facebook or the Website, or you can take a photo of the directions with your phone.** We will be offering some paper patterns at first (in black and white to reduce costs) but we hope to eliminate them by the end of the year. Feedback is welcome on this decision. Also, Rosi Hanley will be making our patterns starting in July so stay tuned for a new improved look! See you at the July meeting!

Jan Chvatal and Cindy Prow




Shop Hours
Mon - Sat 10 - 5
Tuesday 10 - 7
Sunday 1 - 5



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MUSEUM OF HISTORY

Dawn P. Lowder
EXECUTIVE DIRECTOR
NORTH CAROLINA MUSEUM
OF HISTORY FOUNDATION

June 21, 2023

Capital Quilters Guild
Ms. Anna Norris
Post Office Box 20331
Raleigh, North Carolina 27619

Dear Anna,

Thank you for supporting the efforts of the North Carolina Museum of History Foundation. Your gift of \$5,000.00 to support quilt conservation was received on June 20, 2023. We are extremely grateful for your support. I extend a special thanks to you for making an investment in our institution.

History is more than a chronology of past events. It is a complex, colorful story of people - their dreams, accomplishments, values, decisions, challenges, and daily lives - and how their past related to our present and future. Supporting the North Carolina Museum of History Foundation is one of the most effective ways to further the preservation and study of our state's rich history.

On behalf of the Museum and the Foundation, and the entire community that will benefit from the contribution, I express our deepest thanks.

Sincerely,

Dawn P. Lowder
North Carolina Museum of History Foundation
Executive Director

The Federal Tax ID number for the North Carolina Museum of History Foundation, Inc. is 20-0988951. The North Carolina Museum of History Foundation is a 501 (c) 3 organization established to support the North Carolina Museum of History. No goods or services were provided in exchange for this contribution.

QUILTING
BOOKS

The Library would like to give a **BIG SHOUT OUT** to **Quilts Like Crazy** for their contribution of books to our library. We are crazy about books and very thankful for their support of our Guild.